SPA ETIQUETTE

01. **Reservations**
Advance booking required.

02. **Arrival**
Please arrive 15 minutes prior to your appointment. Please arrive on time.

03. **Opening Hours**
The spa is open from 11am - 10pm. Last treatment starts at 8:30pm.

04. **Cancellation Policy**
At least 4 hours before the appointment.

05. **Health Considerations**
Please inform us of any medical conditions or special needs prior to your treatment.

06. **Gratuities**
Gratuities may be given at your discretion upon your check out at the spa reception. We do not encourage patrons to give gratuities in the treatment rooms.

07. **Spa Attire**
We recommend casual or comfortable attire when attending any session in the spa. Provide attire upon request only.

08. **Settlement**
For convenience, you need not have to bring any cash or credit cards as you can sign all the bills to your room.

09. **Soft Voices, Quiet Minds**
Please speak softly throughout the spa session, for others such as yourself, are relaxing during their treatment.

10. **Others**
Smoking and alcohol consumption is strictly prohibited.

Thank you.

About Us

Strawberry Park Resort has brought to you our newly opened 'Wild Orchidaceae Spa'. A touch of Balinese holistic health and wellness.

'Balinese massage is an approach to massage developed in the Indonesian province of Bali, with influence from the traditional medicine systems of India, China and Southeast Asia.

Balinese massage techniques include acupressure, skin rolling and flicking, firm and gentle stroking, percussion, and application of essential oils. The practioner may also apply hot stone massage. The combination of manual therapy and aromatherapy is intended not only to relax the patient and loosen fascial restrictions but to stimulate the lymphatic system and the flow of blood and qi.'

Welcome to The Wild Orchidaceae Jacuzzi & Spa

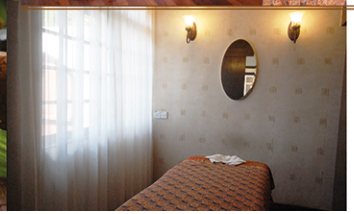
Our goal is to provide the highest level of customer service and satisfaction. We are staffed by qualified and knowledgable, professional dedicated with the highest quality standards of service and sanitation.

We pride ourselves in offering you a relaxing and rejuvenating experience.

Entrance

Balcony

Reception



Treatment Room

CAMERON HIGHLANDS
STRAWBERRY PARK
RESORT

WILD ORCHIDACEAE
JACUZZI & SPA

For reservation, please call:
+605 4911166 / 4911172
From the room: 8118

Email: reservations@strawberryparkresorts.com

Website: www.strawberryparkresorts.com

Lot 195 & 196, 39000 Tanah Rata,
Cameron Highlands,
Pahang Darul Makmur, Malaysia

INTRODUCTION OF TREATMENT

BODY MASK WRAP
Detox wraps use a variety of products such as algae, seaweed, mud, clay or gel to help rid the body of toxins. When the product is applied to the body, it's called a body mask. Then you are wrapped in plastic and covered with a blanket for about 20 minutes, which is the body wrap.

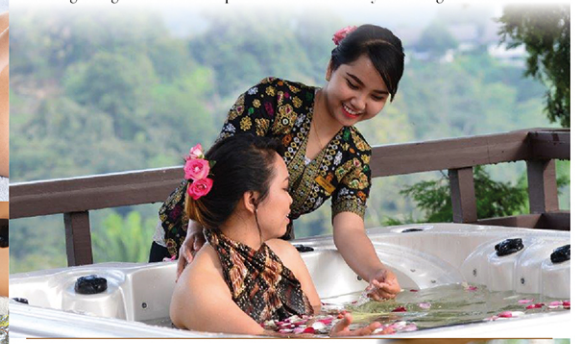
BACK SHOULDER MASSAGE
It is applied on the upper part of the body like back shoulder, neck and head by using aromatic oils or without oils. Through its particular technique, it relieves the muscles and speeds up the blood circulation. This massage makes you feel relaxed and comfortable.

HOT STONE MASSAGE
Heated selected stone are applied to chakra points for massage and balancing of energy. Start with aromatherapy Balinese massage.

FLOWER BATH
Is identical with the sacred and mystical, it is also very benificial for health. Element of water and flowers as the main media, able to provide freshness and affection in the soul and body.

STEAMBATH (MIN 2 PAX)
It gives a soothing effect of your body and mind, thereby reducing stress levels and tension. It also provides your muscle the best form of relief especially near the joints. When joints and muscles are relaxed, you have fewer chances of encountering conditions like arthritis and other joint pains. You surely must have experienced sweating while taking this bath. The cumulative effect of sweating results in 30% reduction of toxins in your body. It is an effortless and a practical way to detox, and with a greater degree of effectiveness. It helps you generate heat from your body. This in turn increases the blood circulation to your skin and thereby helps in skin nourishment. Steam bath benefits for skin. Post having this bath, your skin looks significantly radiant and healthier. The skin gets sufficiently hydrated which improves its elasticity and gives a youthful look. Detoxification also helps in making your skin glow.

JACUZZI RELAXING TREATMENT (MIN 2 PAX)
A jacuzzi can be an effective way to treat sore muscles and joints. The water jets inside the tub allow for a high pressure hydro massage that you direct to specific parts of your body simply by moving around and adjusting your body to receive the full force of the water. When running at full intensity, the jets can provide something a kin to a deep-tissue massage, soothing aches and pains. Sitting in a jacuzzi can help heal sports injuries, as the heat can soothe muscle spasms and speed up recovery time. The hot water and bubbling of a jacuzzi will cause body temperature to rise, which in turn will dilate blood vessels. This improves blood circulation. A soak in a jacuzzi can leave you feeling invigorated and improve the health of your lungs and heart.



BODY SCRUB TREATMENT
A scrub or body polish is a spa treatment which exfoliates the skin on your body leaving it feeling fresh, smooth, moisturised and soft. An abrasive product is rubbed vigorously, and massaged across and into your skin, and is then rinsed away to reveal a mosturised layer of fresh, clean and smooth skin.

MANICURE & PADICURE
A manicure is good for improving the texture and health of both your fingernails and the skin of your hands/foot, as well as leaving them looking polished and perfect. A part from making sure your hands/foot and nails look and feel good.

WHAT YOU GET FROM THIS TREATMENT
- Clean • Strengthen • Shape
- Attend to any skin problems you might have around the nail, such as broken or sore skin
- Polish shining nails
- Use acupressure or hand-massage techniques to stimulate the blood and lymph flow to improve the health of your skin.

SPA MENU

	DURATION (mins)	RATES (MYR)
FLOWER BATH	30	150
JACUZZI RELAXING TREATMENT (MIN 2 PAX)	30	40(PER PAX)
STEAMBATH (MIN 2 PAX)	30	50
MANICURE BASIC	35	40
PADIICURE BASIC	40	60
BODY SCRUB TREATMENT	40	150
BODY MASK WRAP	40	150
BACK SHOULDER MASSAGE	45	140
HOT STONE MASSAGE	90	225
FACIAL ORCHIDACEAE DILOCHIA (NORMAL) For refreshing cleansing without leaving dehydrated or tight skin.	45	99
FACIAL ORCHIDACEAE GEODERUM (TREATMENT) For deep cleansing with therapy massage on face, neck and shoulder. Ampoule serum will be put on the face who has a skin problem such as acne problem or oily skin problem.	80	150
FACIAL ORCHIDACEAE LIPARIS (DOUBLE TREATMENT) This double treatment is using the NANO EXTRA GOLD that is very suitable who has a skin problem such as pigmentation, frackless, dehydrated, and wrinkles minus the bio clack of aging for you. This treatment has a double masker and double ampoule serum.	120	220
BALINESE MASSAGE (STYLE BALI INDONESIA) A full body massage, deep-tissue, holistic treatment that combines acupressure, reflexology and stretching, to stimulate circulation, ease muscular and joint pain that bring a sense of wellbeing, calmness and deep relaxation.	60 90	170 229
AROMATHERAPY MASSAGE The aromatherapy massage is gentle and relaxing massage to clear the mind and refresh the body.	60 90	180 250
FOOT MASSAGE Enjoy the pleasure of the reflexology from Bali applied by experienced specialist from Bali. This kind of massage which indirectly affects the reflection points of the body through stimulating the nerves underneath the foot which are the true representatives of them.	60	140

PACKAGE BODY TREATMENT

	DURATION (mins)	RATES (MYR)
WILD ORCHIDACEAE BODY SCRUB EXCLUSIVE PACKAGE • Welcome drink with hot towel • Foot bath • Body massage 1 hour • Body scrub • Jacuzzi + flower bath	150 MAX	480 Package RM672 for 2pax (save RM288)
WILD ORCHIDACEAE BODY MASK WRAP • Welcome drink with warm towel • Foot bath • Body massage (1 hour) • Body mask wrap • Steambath	120 MAX	375 Package RM600 for 2pax (save RM150)
GOODNESS PACKAGE • Welcome drink with warm towel • Hotstone massage (1 Hour and 30 Minutes) • Jacuzzi • Flower bath	120	375
BEAUTY EXPRESS • Welcome drink with warm towel • Reflexology • Padicure (NORMAL) • Manicure (NORMAL) • Facial Dilochia	180	300
AROMATHERAPY MASSAGE WITH JACUZZI (MIN 2 PAX, MAX 6 PAX)	90	200 (PER PAX)