



colors of good tea leaves, or the qualities that make a superior or an inferior grade of tea. What I do know is that good tea leaves are usually young and tender, and that they are aplenty in Cameron Highlands. For those who fancy themselves a cup of tea here, the Boh Tea Café is a great place to sit back and sip on a good variety of black tea produced right here in Cameron Highlands. However, don't expect a quiet atmosphere; after all, this is one of the key tourist attractions.

### Lots of Things to See and Do

Tea-drinking aside, Cameron Highlands is home to a flurry of activities for visitors, from sunrise appreciating, strawberry picking, butterfly watching, jungle trekking... there's no lack of things to see and to do. For those with a taste of history, the Time Tunnel Museum is the perfect place to experience sense and sights from the good old days. For the older generations, be prepared to be overcome by an overwhelming dose of nostalgia.

Though my stay at Cameron Highlands lasted no more than a few short days, it was a truly therapeutic experience. Sunny sky, lush trees and endless fields of green... it was like going to a place where stress is erased, and weariness healed. On my day of departure, I couldn't help myself from looking back again and again, trying desperately to capture every detail of the beauty of Cameron Highlands in my mind... where I could treasure them forever.



### About Cameron Highlands

Cameron Highlands got its name from William Cameron, a British surveyor who stumbled across the plateau while mapping the area in 1885. It is currently one of Malaysia's most extensive hill resort destinations, and has an average temperature of between 15 and 24 degree Celsius. Boasting a lush terrain of tropical rainforests and fertile soil, Cameron Highlands is a key producer of fruits, vegetables and tea leaves in Malaysia. It has a total of nine districts, the more densely-populated areas being Ringlet, Tanah Rata, Brinchang and Kea Farm.

### Transportation

Cameron Highlands is about 300km from Kuala Lumpur and it takes about 3 hours to get here via the North-South Expressway. Driving from Kuala Lumpur, proceed north until you reach Tapah. Exit, turn left at the traffic lights and from there drive onwards up a long winding road to Cameron Highlands. Alternatively, you can drive along the Simpang Pulai Road near Ipoh, where the journey is smoother and shorter.

For non-driving travelers who intend to stay at the Strawberry Park Resort, you may take the ETS train from KL Sentral and get down at the Ipoh Station – a journey that takes approximately 2 hour 20 min and costs about RM30.00. From Ipoh Station, you can arrange for resort vehicles to drive you to your destination.

### Accommodation / Attractions

A night's stay at the Strawberry Park Resort costs about RM500.00

More information about Cameron Highlands can be obtained from

[www.cameronhighlandssinfo.com](http://www.cameronhighlandssinfo.com)

More information about the Time Tunnel Museum can be obtained from

[www.timetunnel.cameronhighlandss.com](http://www.timetunnel.cameronhighlandss.com)